

CZWKA SUMMER CAMP Montréal 2007, August 3 – 6

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Where the Old World meets the New!

The beautiful city of Montréal is ready to welcome you! The campus of John Abbot College will be the site for this year's edition of the Canadian Wado Kai summer camp.

We have confirmed our line up of instructors (see sidebar), and sincerely believe that this extremely strong core of instructors make this camp a great learning opportunity. Coming from all parts of Canada and the United States, they represent decades of experience and learning - check out the bios available on the camp web site!

The training schedule, pricing and transportation information is included in this newsletter. A separate registration form is included in PDF format. Please note that all registration forms postmarked after July 6 will be assessed a late fee.

Hope to see you in Montreal soon!

Best Regards,

Desmond Bell & Anthony Bhagwandin



Quick Facts

- The venue is easily accessible by rail, car and public transportation.
- Training, accommodation, and meals all in one central location.
- Mr. Toby Threadgill, *Menkyo Kaiden*, Shindo Yoshin Ryu Jujitsu.
- Ms. Norma Foster, 6 Dan JKF Wado Kai.
- Mr. Bob Nash, 6 Dan JKF Wado Kai
- Mr. Donnie Danner, 5 Dan JKF Wado Kai.
- Mr. Desmond Bell, 4 Dan JKF Wado Kai.
- Mr. Eric Hill, 3 Dan JKF Wado Kai.
- Mr. Anthony Bhagwandin, 3 Dan JKF Wado Kai.

KARATE ESPRIT 1601 SunnyBrooke, DDO (QC), H9B 1R4, Canada

www.canadajkwadokai.org/summercamp



John Abbot College is easily accessible by bus, car and commuter train. Located between two major highways, [access by car](#) is easy. If you are thinking of using the train service offered by the STM, then please consult the [train schedule](#) from the STM web site. John Abbott College is near the St. Anne-de-Bellevue train station The [211](#) and [200](#) bus routes will also take you to the campus.

Please note that the train and 211 bus lines can be accessed from Pierre Elliot Trudeau airport by traveling to the nearby Dorval bus/train terminal. This same terminal is also a stop for the [Via Rail](#) train line that serves Montreal, so everyone's transportation needs should be adequately taken care of here.

ADDITIONAL INFORMATION

The breakfast and lunch service will happen in an area of the cafeteria reserved for our group. The cafeteria is right next to the Stewart apartments, and both areas feature high speed internet access. While dinner is the responsibility of each person, we will be putting together a list of suggested restaurants for you to enjoy!

There are several car rental agencies to choose from when you arrive at [Montréal-Trudeau airport](#), please book ahead if you intend to rent a vehicle. A taxi ride from the airport to John Abbott College will cost approximately \$45.00 each way.

All fees are in Canadian or US dollars only, and payment will have to be mailed to the address indicated - see the registration document for more information. There is a pool and squash facilities in the athletic complex; we will post public swim and court rates for those who are interested. A bio has been posted for each camp instructor, so feel free to navigate to the camp web site and read up on the people you will be learning from.



The camp fee will be \$220 for the weekend of training, or \$315 with dorm style accommodation. The pricing for participants from outside Canada will be \$200/\$300 USD.

This fee includes all seminars, as well as breakfast and lunch on site. There are up to 75 spots available in dorm style accommodation at John Abbott College. Please fill out the appropriate section for on-site accommodation if you wish, and we will reserve a bed for you as soon as possible!

Please note that any examinations that you intend to attempt will incur additional fees. Please consult the list of fees on the Canadian JKF Wado Kai web site for further details.



The training sessions will be happening in a gymnasium and dance studio. The participants will be divided in to the following groups: advanced, intermediate, beginner and there will also be children's courses.

The Shindo Yoshin Ryu Jujitsu courses will be taught to all levels. The Wado Ryu and Kumite courses will be taught with content targeted to each group.

In addition, special instructor development courses will be offered by invitation only to selected Dan grades attending the course. The summer camp web site also has the full training schedule as well as any updates for your convenience!

Friday Training Schedule (Aug. 3)				
Time	Advanced	Intermediate	Beginner	Kids
3:30 - 4:30 PM	Late Registration at John Abbott College			
4:30 - 6:00 PM	Shindo Yoshin Ryu Jujitsu			
6:00 - 7:30 PM	Ido Kihon	Ido Kihon	Ido Kihon	Ido Kihon

Saturday Training Schedule (Aug. 4)				
Time	Advanced	Intermediate	Beginner	Kids
08:00 - 9:00 AM	Breakfast			
09:00 - 10:30 AM	Shindo Yoshin Ryu Jujitsu			
10:30 - 12:00 PM	Yakusoku Kumite: No.1, No. 5 & No. 9	Yakusoku Kumite: No.1, No. 4 & No.7	Kumite: jiyu kumite.	Kumite: jiyu kumite.
12:00 - 1:30 PM	Lunch			
1:30 - 3:00 PM	Shindo Yoshin Ryu Jujitsu			
3:00 - 4:30 PM	Kumite: jiyu kumite.	Kumite: jiyu kumite.	Yakusoku Kumite: No.1 and No. 2	Ippon and Sanbon Kumite
4:30 - 5:30 PM	Instructor Training	Q&A session with the instructors	Q&A session with the instructors	Free Time.



Sunday Training Schedule (Aug. 5)				
Time	Advanced	Intermediate	Beginner	Kids
08:00 - 9:00 AM	Breakfast			
09:00 - 10:30 AM	Shindo Yoshin Ryu Jujitsu			
10:30 - 12:00 PM	Kata: Seishan and Chinto.	Kata: Naihanchi and Kushanku.	Kumite: jiyu kumite.	Kumite: jiyu kumite.
12:00 - 1:30 PM	Lunch			
1:30 - 3:00 PM	Shindo Yoshin Ryu Jujitsu			
3:00 - 4:30 PM	Kata: Wanshu/Jion.	Kata: Pinan 4,5.	Kata: Pinan 1,2,3.	Pinan Kata
4:30 - 5:30 PM	Instructor Training	Q&A session with the instructors	Q&A session with the instructors	Free Time.

Monday Training Schedule (Aug. 6)				
Time	Advanced	Intermediate	Beginner	Kids
08:00 - 9:00 AM	Breakfast			
9:00 - 11:00 AM	Training for Sport Kumite			
11:00 - 1:00 PM	Dan, Kyu and Examiner Tests			
1:00 - 2:00 PM	Lunch			

